Jesus says:

*I am the bread of life. I am the living bread that came down from heaven. If anyone eats of this bread, he will live for ever.* (John 6,48/51)

This bread of life is born in Bethlehem, which means "house of bread", and it was put in a vessel, which is designed to eat out of it (a manger).

Luzius Schneider 14. June 1999